

Meet the Asthma Expert
Taiwan Tour.
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Address the Early SITT Concept in Asthma treatment vs “Flexible” Regimen : Focus on Clinical Remission

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Conclusion

The definition of clinical remission is a good starting point and begins to suggest the possibility of treating asthma in the same way as many other chronic diseases.

The initial definition is necessary to identify the appropriate treatment and its sequence of use.

I believe Trelegy is positioned as a shortcut to achieving clinical remission at this point.

Of course, it is important to make an early diagnosis and thoroughly understand the patient's symptoms.

Asthma patients are . . .

want symptom control and stability in
their daily lives. . . .



We provide stable control of asthma !

Expect appropriate treatment to reduce
exacerbations and asthma deaths . .

Case Sharing – Efforts towards Holistic Evaluation and Personalized Treatment of Asthma

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Approach the Unmet Needs of Asthma

Who is responsible?



How to do?

Reason for uncontrolled asthma

Poor adherence

Trigger oversight

Poor inhalation technique

Comorbidities

Suboptimal medical care

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Case Sharing: Experiences on the Path Toward Clinical Remission

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NATIONAL YANG MING CHIAO TUNG UNIVERSITY



從控制到緩解 - Clinical Remission 氣喘治療新標竿

▼ Remission of asthma (GINA 2025)

目前尚未有一致的定義與標準，但通常指的是臨床緩解 (與氣喘控制的長期目標一致) 或完全緩解



臨床緩解
(成人)

通常包含以下標準：

- 無氣喘症狀、無惡化
- 未使用口服類固醇
- 肺功能改善或維持



完全緩解
(成人)

- 恢復氣道反應性
(airway responsiveness)
- 發炎反應標記恢復正常