



Compliance Matters in Asthma: Timely Inflammatory Approach for Asthma Control

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Take Home Message



Overreliance on SABA without ICS, which lacks anti-inflammatory effects, worsens asthma control and increases disease burden, particularly in patients with ≥ 3 prescriptions and ≥ 1 OTC purchases



51% of Gulf patients had partially controlled or uncontrolled asthma, with 58.5% prescribed ≥ 3 SABA canisters annually, according to the SABINA III study



BTS, NICE and SIGN 2024 guidelines now recommending ICS-formoterol as the reliever of choice for new asthma patients (12+) across the asthma pathway



In January 2024, a joint task force from ESEM and ETS developed a standardized discharge plan to be implemented across UAE hospitals, aiming to improve long-term outcomes and reduce ED visit